

# RECOMMENDATIONS FOR PEOPLE ARRIVING FROM THE AREAS OF COVID-19 OCCURRENCE



PUBLIC  
HEALTH  
AUTHORITY  
OF THE SLOVAK  
REPUBLIC

## What is COVID-19

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Coronavirus causing the disease COVID-19 was identified in China at the end of 2019 and it is a new strain of virus, so far not known in people. The disease belongs to droplet infections. Estimated incubation period in people is 2 – 14 days.

## Symptoms of the disease

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- fever
- cough
- difficulty breathing
- muscle pain
- headache
- tiredness

## After your return from affected areas

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- control your health status during the incubation period – 14 days after arrival
- follow the **strict hands hygiene, increased disinfection of surfaces in the household, use tissues for coughing and sneezing and discard them afterwards. If possible, avoid visiting places with more people.**
- **if you have the symptoms such as cough, fever, difficulty breathing, sore throat, headache, pain in joints during the 14 days, contact by telephone your physician or medical emergency service and inform them about your stay in affected area**



- in case physician determines this as a suspicious case he will send you to Department of Infectology in the hospital for further treatment
- if you do not have the symptoms but still having the suspicion on contagion with novel coronavirus you can stay home isolated for the period of 14 days based on your own decision

## Call center

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Ask your questions regarding COVID-19 disease on these telephone numbers which are operated 24/7:

- Public Health Authority of the Slovak Republic  
0917 222 682
- Regional Public Health Authority with the seat in Banská Bystrica  
0918 659 580
- Regional Public Health Authority with the seat in Bratislava  
0917 426 075
- Regional Public Health Authority with the seat in Nitra  
0948 495 915
- Regional Public Health Authority with the seat in Trnava  
0905 903 053
- Regional Public Health Authority with the seat in Trenčín  
0911 763 203
- Regional Public Health Authority with the seat in Košice  
0918 389 841
- Regional Public Health Authority with the seat in Prešov  
0911 908 823
- Regional Public Health Authority with the seat in Žilina  
0905 342 812

email: [novykoronavirus@uvzsr.sk](mailto:novykoronavirus@uvzsr.sk)



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